

SUMMER FOOTBALL SCHEDULE

June 2009						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 SO, JR, SR WEIGHT LIFTING 7:00-9:30 AM	9	10 SO, JR, SR WEIGHT LIFTING 7:00-9:30 AM	11	12 SO, JR, SR WEIGHT LIFTING 7:00-9:30 AM	13
14	15 SO, JR, SR WEIGHT LIFTING 7:00-9:30 AM	16	17 SO, JR, SR WEIGHT LIFTING 7:00-9:30 AM	18	19 SO, JR, SR WEIGHT LIFTING 7:00-9:30 AM	20
21	22 SO, JR, SR WEIGHT LIFTING 7:00-9:30 AM SPECIAL TEAMS CAMP	23	24 SO, JR, SR WEIGHT LIFTING 7:00-9:30 AM	25	26 SO, JR, SR WEIGHT LIFTING 7:00-9:30 AM METAMORA 7 ON 7 TIME: 5:00	27
28	29 OFF	30 OFF				

July 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 OFF	2 OFF	3 OFF	4 OFF
5	6 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	7 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	8 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	9 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	10 OFF	11 DOWNERS GROVE SOUTH 7 ON 7 & LINEMAN CHALLENGE VARSITY FOOTBALL DAY
12	13 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	14 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	15 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	16 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	17 LINCOLN WAY EAST 7 ON 7 VARSITY TIME: TBA FOOTBALL DAY	18 OFF
19 3RD -8TH GRADE CAMP 10:00-11:30 AM 7/20/09-7/23/09	20 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	21 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	22 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	23 9 TH -12 TH GRADE FUNDAMENTALS FOOTBALL CAMP 7:30-9:30AM FOOTBALL DAY	24 OFF	25 PONTIAC 7 ON 7 TIME: TBA FOOTBALL DAY
26	27 SO, JR, SR WEIGHT LIFTING 7:00-9:30 AM	28 FRESHMEN WEIGHT LIFTING 7:00-9:00 AM	29 SO, JR, SR WEIGHT LIFTING 7:00-9:30 AM VARSITY PARENT MEETING – 5:30 PM 1ST ANNUAL FOIF STEAK FRY–6:30 PM	30 OFF	31 OFF	

August 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 OFF
2	3 OFF	4 OFF	5 OFF	6 OFF	7 OFF	8 OFF
9	10 STAFF MEETING 8:00 AM PLAYERS OFF	11 OFF	12 9 TH -12 TH GRADE FIRST DAY OF PRACTICE 7:00-1:00	13 TWO-A-DAYS 7:00-1:00	14 TWO-A-DAYS 7:00-1:00	15 FULL PADS TWO-A-DAYS 7:00-1:00
16	17 1 ST DAY OF SCHOOL(Teachers) FULL PADS	18 2 ND DAY OF SCHOOL (Teachers) FULL PADS	19 STUDENTS 1 ST DAY PRACTICE AFTER SCHOOL	20 PRACTICE AFTER SCHOOL	21 ORANGE AND BLACK SCRIMMAGE	22
23	24 PRACTICE AFTER SCHOOL	25 PRACTICE AFTER SCHOOL	26 PRACTICE AFTER SCHOOL	27 PRACTICE AFTER SCHOOL	28 Varsity Game @ URBANA 7:00 PM	29 FRESH & SOPH GAME-URBANA Varsity Film URBANA
30	31					